## Are you interested in playing a high school sport this winter?

All current 7<sup>th</sup> and 8<sup>th</sup> graders interested in competing at the high school level in the Winter of 2017-18 must follow the NYSED ATHLETIC PLACEMENT PROCESS (APP)

(formerly known as the Selection Classification Process)

The New York State Education Department voted to revise the Selection Classification program in September, 2015.

The biggest differences?

OUT are the broad jump, 1.5 mile run, arm hang and the 50 yd. dash. The test will now include; sit-ups, shuttle run, 1 mile run, pull-ups, sit & reach (flexibility).

**To pass the Fitness Component** 

Students must attain 85<sup>th</sup> percentile (from national norms for their age) in 4 of 5 tests.

The <u>tanner level</u> has been revised as well. In short, previously the highest tanner level student-athlete's needed to reach was a #4.

SED has now created a Tanner #5;

to play at the varsity level a Tanner Level of #5 is now required in 17 boy's sports and 17 girl's sports.

And a third change is that SED will NO LONGER consider <u>any</u> appeals.

For more information on APP please visit our website



Hoover Middle School APP Fitness Test Dates:

Tuesday October 24, 2017 Friday October 27, 2017

All testing will begin at 3:15 PM in the Large Gym

Modified & Intramural sports participants

<u>DO NOT</u> need to take the Athletic

Placement Test

All student athletes <u>MUST</u> have a current physical on file to try out for any sport. Please see your school nurse to find out what paperwork you need to turn in. Forms can also be found on the district website www.ktufsd.org

click on 'Athletics' and then 'Athletic Information'

If you have any questions, please contact the Athletic Office at 871-3082